

STARTERS

HAFOD £11
Tortellini, crispy hens egg, black garlic, broad beans, radish and wood sorrel

MACKEREL £12
Scorched fillet, avocado, cucumber, apple, passion fruit and oyster mayo

SALMON £10
Lightly cured, brown shrimps, cockles, dashi and citrus

FLOWERING COURGETTE FRITTER £16
Bristol Channel crab, tomato, basil and olive

ROE DEER £12
Roast loin, parsley, candied beetroot, blueberry and nasturtium

MAINS

HAKE £23
Tandoori roasted, tomato fondue, confit onion, crispy pork shoulder, natural yoghurt and coriander

TOWY RIVER SEWIN £25
Braised octopus, 'puttanesca' and broccoli

OXWICH BAY LOBSTER £32
Crispy sweetbread, charred gem lettuce, fondant potato and grapefruit butter sauce

TY SYRIOL PORK BELLY £22
Roasted pineapple, black pudding, creamed potato, crispy skin and pork pie sauce

GOWER SALT MARSH LAMB £26
Roast rump, slow cooked shoulder, fennel, girolles and mint sauce